

# 樂施競跑旅遊塔Oxfam TowerRun 2023

## 活動結果 Results

組別 Category	名次 Rank	參賽號 Bib	Name 姓名/ 隊名	Finish Time 完成時間
隊際接力 Team Relay	冠軍 Champion	R05	明記瓜菜	0:07:15
	亞軍 1 <sup>st</sup> Runner up	R06	利記瓜菜	0:07:43
	季軍 2 <sup>nd</sup> Runner up	R09	創明有限公司	0:09:59
男子個人半塔 Men's Half Race	冠軍 Champion	MH01	HO CHUN TING TIMOTHY	0:03:54
	亞軍 1 <sup>st</sup> Runner up	MH74	梁順敬	0:04:26
	季軍 2 <sup>nd</sup> Runner up	MH16	余卓乾	0:04:42
女子個人半塔 Women's Half Race	冠軍 Champion	WH01	黃潔梅	0:05:48
	亞軍 1 <sup>st</sup> Runner up	WH125	張盈	0:06:11
	季軍 2 <sup>nd</sup> Runner up	WH117	李楚穎	0:06:58
男子個人全塔 Men's Full Race	冠軍 Champion	M03	FABIO RUGA	0:06:40 * (新紀錄 new record)
	亞軍 1 <sup>st</sup> Runner up	M01	WAI CHING SOH	0:06:42
	季軍 2 <sup>nd</sup> Runner up	M02	RYOJI WATANABE	0:06:46
女子個人全塔 Women's Full Race	冠軍 Champion	W02	YUKO TATEISHI	0:09:10 * (新紀錄 new record)
	亞軍 1 <sup>st</sup> Runner up	W07	QINGHUA LE	0:09:27
	季軍 2 <sup>nd</sup> Runner up	W01	KAMILA CHOMANIČOVÁ	0:09:43

個人競跑 – 男子組 (半塔) Individual Challenge - Men's Race (Half Race)

名次 Rank	參賽號 Bib	姓名 Name	完成時間 Finish Time (h:mm:ss)	組別 Category
1	MH01	HO CHUN TING TIMOTHY	0:03:54	Men's Race (Half Race)
2	MH74	梁順敬 LEUNG SON KENG	0:04:26	Men's Race (Half Race)
3	MH16	余卓乾 U CHEOK KIN	0:04:42	Men's Race (Half Race)
4	MH02	廖偉健 LIU WAI KIN	0:04:47	Men's Race (Half Race)
5	MH82	Eugin Lee	0:05:05	Men's Race (Half Race)
6	MH70	謝鈞樂 CHE KUAN LOK	0:05:28	Men's Race (Half Race)
7	MH76	陳家健 CHAN KA KIN	0:05:32	Men's Race (Half Race)
8	MH81	鄭桂滔 CHENG KWAI TO	0:05:36	Men's Race (Half Race)
9	MH75	陳大維 CHAN TAI WAI	0:06:15	Men's Race (Half Race)
10	MH57	陳泓宇	0:06:17	Men's Race (Half Race)
11	MH45	何家杰 HE JIAJIE	0:06:22	Men's Race (Half Race)
12	MH67	劉嘉駿 LAO KA CHON	0:06:29	Men's Race (Half Race)
13	MH71	曾劍鋒 CHANG KIM FONG	0:06:32	Men's Race (Half Race)
14	MH79	羅俊彥 LO CHON IN	0:06:56	Men's Race (Half Race)
15	MH17	李應生 LEI IENG SANG	0:07:06	Men's Race (Half Race)
16	MH62	麥啓斌	0:07:22	Men's Race (Half Race)
17	MH80	張振宇 CHEONG CHAN U	0:07:30	Men's Race (Half Race)
18	MH08	蕭嘉豪 SIO KA HOU	0:07:32	Men's Race (Half Race)
19	MH52	謝少傑	0:07:41	Men's Race (Half Race)
20	MH77	何皓德 HO HOU TAK	0:07:55	Men's Race (Half Race)
21	MH51	黃靖彤 VONG CHENG TONG	0:07:56	Men's Race (Half Race)
22	MH46	何錦健 HO KAM KIN	0:08:01	Men's Race (Half Race)
23	MH19	戴毓斌 DAI YU BIN	0:08:12	Men's Race (Half Race)
24	MH22	曾華堤 ZENG HUA DI	0:08:23	Men's Race (Half Race)
25	MH23	吳培培 NG PUI PUI	0:08:23	Men's Race (Half Race)
26	MH73	GOMES VICTOR AMANTE	0:08:25	Men's Race (Half Race)
27	MH30	王飛龍 WONG FEI LONG	0:08:40	Men's Race (Half Race)
28	MH04	吳建民 WU JIAN MIN	0:08:45	Men's Race (Half Race)
29	MH66	吳富榮 NG FU WENG	0:08:47	Men's Race (Half Race)
30	MH29	區炳權 AO PENG KUN	0:09:00	Men's Race (Half Race)
31	MH47	李誥檳 LEI KOU PAN	0:09:04	Men's Race (Half Race)
32	MH68	潘震陽 PUN CHAN IEONG	0:09:04	Men's Race (Half Race)
33	MH20	李丕煒 LI PI WEI	0:09:05	Men's Race (Half Race)
34	MH69	蔡泰然 CHOI TAI IN	0:09:14	Men's Race (Half Race)
35	MH63	楊金海	0:09:32	Men's Race (Half Race)
36	MH65	馮健成 FONG KIN SENG	0:09:35	Men's Race (Half Race)
37	MH58	黃栩	0:09:39	Men's Race (Half Race)
38	MH11	李勝旗 LEI SENG KEI	0:09:48	Men's Race (Half Race)
39	MH07	梁祥發 LEONG CHEONG FAT	0:09:50	Men's Race (Half Race)
40	MH56	周振鏐 CHAU CHAN LAO	0:10:03	Men's Race (Half Race)
41	MH12	吳海鋒 WU HAI FENG	0:10:07	Men's Race (Half Race)
42	MH55	程國偉 CHING KUOK WAI	0:10:12	Men's Race (Half Race)
43	MH03	方傑 FANG JIE	0:10:14	Men's Race (Half Race)
44	MH18	傅詩凡 FU SHI FAN	0:10:17	Men's Race (Half Race)
45	MH61	曾葆鈞	0:10:37	Men's Race (Half Race)
46	MH15	謝榮晉 CHE WENG CHON	0:11:05	Men's Race (Half Race)
47	MH14	莫澤釗 MOK CHAK CHIO	0:11:10	Men's Race (Half Race)
48	MH44	蘇嘉駿 SO KA CHON	0:11:13	Men's Race (Half Race)

49	MH60	盧濟華	0:11:30	Men's Race (Half Race)
50	MH33	江嘉俊 JIANG JIAJUN	0:11:35	Men's Race (Half Race)
51	MH34	曾華成 CHANG WA SENG	0:11:47	Men's Race (Half Race)
52	MH26	陸永洪 LOK WENG HONG	0:11:51	Men's Race (Half Race)
53	MH21	吳前榮 NG CHIN WENG	0:11:59	Men's Race (Half Race)
54	MH13	梁景成 LIANG JING CHENG	0:12:43	Men's Race (Half Race)
55	MH49	李俊傑 LEI CHON KIT	0:14:08	Men's Race (Half Race)
56	MH48	何國豪 HO KUOK HOU	0:14:15	Men's Race (Half Race)
57	MH53	施能基 SI NANG KEI	0:14:25	Men's Race (Half Race)
58	MH32	陳子華 CHAN CHI WA	0:14:26	Men's Race (Half Race)
59	MH37	郭成志 KUOK SENG CHI	0:14:54	Men's Race (Half Race)
60	MH09	湯治強 TANG ZHI QIANG	0:14:55	Men's Race (Half Race)
61	MH25	陸遠輝 LOK UN FAI	0:15:15	Men's Race (Half Race)
62	MH06	梁芄 LIANG PENG	0:15:34	Men's Race (Half Race)
63	MH64	陳智研	0:15:58	Men's Race (Half Race)
64	MH54	黃己輝 WONG KEI FAI	0:18:03	Men's Race (Half Race)
65	MH83	吳恆戎 Henry Wu	DNF	Men's Race (Half Race)
66	MH59	吳偉豪	DNF	Men's Race (Half Race)

個人競跑 – 女子組 (半塔) Individual Challenge - Women's Race (Half Race)

名次 Rank	參賽號 Bib	姓名 Name	完成時間 Finish Time (h:mm:ss)	組別 Category
1	WH01	黃潔梅 WONG KIT MUI CORINNA	0:05:48	Women's Race (Half Race)
2	WH125	張盈 CHEUNG IENG	0:06:11	Women's Race (Half Race)
3	WH117	李楚穎 LEI CHO WENG	0:06:58	Women's Race (Half Race)
4	WH03	洪秀咸 HONG XIU XIAN	0:07:40	Women's Race (Half Race)
5	WH04	黃梅清 HUANG MEI QING	0:08:11	Women's Race (Half Race)
6	WH122	MARILISA ESPINOSA	0:08:19	Women's Race (Half Race)
7	WH22	陳慧凌 CHEN HUI LING	0:08:29	Women's Race (Half Race)
8	WH44	FANG BING	0:08:38	Women's Race (Half Race)
9	WH68	謝倩宜 XIE QIAN YI	0:08:39	Women's Race (Half Race)
10	WH50	HAO I IO	0:08:43	Women's Race (Half Race)
11	WH109	何嘉莉 HO KA LEI	0:08:52	Women's Race (Half Race)
12	WH107	黃小遵	0:08:56	Women's Race (Half Race)
13	WH105	Flora Ng	0:09:04	Women's Race (Half Race)
14	WH12	廖雅瑩 LIU NGA YING	0:09:04	Women's Race (Half Race)
15	WH37	袁风云 UN FONG WAN	0:09:07	Women's Race (Half Race)
16	WH40	陳凱琪 CHAN HOI KEI	0:09:23	Women's Race (Half Race)
17	WH108	WONG CHO WAI	0:09:25	Women's Race (Half Race)
18	WH11	蕭彩玉 XIAO CAI YU	0:09:31	Women's Race (Half Race)
19	WH114	彭詠琳 PANG WING LAM	0:09:37	Women's Race (Half Race)
20	WH26	田靜 TIAN JING	0:09:47	Women's Race (Half Race)
21	WH02	趙淑恩 CHIO SOK IAN	0:09:47	Women's Race (Half Race)
22	WH71	LOK MAN CHE	0:09:59	Women's Race (Half Race)
23	WH118	高秀梅 KO SAU MUI AGNES	0:10:01	Women's Race (Half Race)
24	WH05	李麗珊 LEI LAI SAN	0:10:02	Women's Race (Half Race)
25	WH110	黃芷茵 WONG CHI IAN	0:10:14	Women's Race (Half Race)
26	WH121	余嘉琪 U KA KEI	0:10:20	Women's Race (Half Race)
27	WH130	高碧紅	0:10:24	Women's Race (Half Race)
28	WH62	劉家宜 LAO KA I	0:10:30	Women's Race (Half Race)
29	WH111	劉詠詩 LAO WENG SI	0:10:34	Women's Race (Half Race)
30	WH65	丁寶妍 DING BAO YAN	0:10:41	Women's Race (Half Race)
31	WH56	李美妙 LEI MEI MIO	0:10:47	Women's Race (Half Race)
32	WH99	羅悅翠 LO UT CHOI	0:10:47	Women's Race (Half Race)
33	WH61	歐雪朗 AO SUT LONG	0:10:50	Women's Race (Half Race)
34	WH112	林家慧 LIN JIA HUI	0:10:53	Women's Race (Half Race)
35	WH42	李夏宜 LI XIA YI	0:10:55	Women's Race (Half Race)
36	WH39	吳欣琪 NG IAN KEI	0:10:58	Women's Race (Half Race)
37	WH17	陳洪安琪 CHAN HONG ON KEI	0:11:03	Women's Race (Half Race)
38	WH24	洪美景 HONG MEI KENG	0:11:12	Women's Race (Half Race)
39	WH97	陳曉芬 CHAN HIO FAN	0:11:16	Women's Race (Half Race)
40	WH103	關月寧 KUAN UT NENG	0:11:17	Women's Race (Half Race)
41	WH21	FAN IN LENG	0:11:18	Women's Race (Half Race)
42	WH100	翁珠瑞 IONG CHU SOI	0:11:21	Women's Race (Half Race)
43	WH86	楊雅虹 IEONG NGA HONG	0:11:29	Women's Race (Half Race)
44	WH58	余雅玲 U NGA LENG	0:11:33	Women's Race (Half Race)
45	WH49	SHIH YEN MING	0:11:33	Women's Race (Half Race)
46	WH28	李小芳 LEI SIO FONG	0:11:36	Women's Race (Half Race)
47	WH48	HENGRU DENG	0:11:42	Women's Race (Half Race)
48	WH127	梁紫欣 LEONG CHI YAN	0:11:45	Women's Race (Half Race)
49	WH54	許雅斯 HOI NGA SI	0:11:49	Women's Race (Half Race)
50	WH95	郭姿伶 TZU LING KUO	0:11:52	Women's Race (Half Race)
51	WH76	陳慧英 CHAN WAI IENG	0:11:53	Women's Race (Half Race)
52	WH13	劉家貝 LAO KA PUI	0:11:58	Women's Race (Half Race)

53	WH51	孔慧妍 HUNG WAI IN	0:12:01	Women's Race (Half Race)
54	WH35	仔珊柯 KE YU SHAN	0:12:02	Women's Race (Half Race)
55	WH119	曹善晶 CHOU SIN CHENG	0:12:05	Women's Race (Half Race)
56	WH96	陳麗瑩 CHAN LAI IENG	0:12:12	Women's Race (Half Race)
57	WH55	李悅群 LI YUE QUN	0:12:12	Women's Race (Half Race)
58	WH72	潘雪萍 PAN XUEPING	0:12:13	Women's Race (Half Race)
59	WH66	高倩婷 KOU SIN TENG	0:12:14	Women's Race (Half Race)
60	WH69	KUOK MEI I	0:12:14	Women's Race (Half Race)
61	WH30	樊金玉 FAN JIN YU	0:12:21	Women's Race (Half Race)
62	WH29	鄭佩儀 CHEANG PUI I	0:12:22	Women's Race (Half Race)
63	WH52	劉美霞 LAO MEI HA	0:12:31	Women's Race (Half Race)
64	WH85	陳翠盈 CHEN CUIYING	0:12:49	Women's Race (Half Race)
65	WH101	鄭文芳 CHEANG MAN FONG	0:12:51	Women's Race (Half Race)
66	WH31	關惠燕 KUAN WAI IN	0:13:02	Women's Race (Half Race)
67	WH53	金傳梅 KAM CHUN MUI	0:13:03	Women's Race (Half Race)
68	WH60	杜雨蓉 DU YU RONG	0:13:29	Women's Race (Half Race)
69	WH16	孫喜雲 SUN XI YUN	0:13:34	Women's Race (Half Race)
70	WH74	梁燕斯 SI LEONG YAN	0:13:46	Women's Race (Half Race)
71	WH116	吳雅瑤 NG NGA IO	0:13:56	Women's Race (Half Race)
72	WH115	SOU MAN HONG	0:13:58	Women's Race (Half Race)
73	WH59	林婷玲 LENG LAM TENG	0:13:59	Women's Race (Half Race)
74	WH10	何靜萍 HO CHENG PENG	0:14:07	Women's Race (Half Race)
75	WH73	凌麗華 LENG LAI WA	0:14:17	Women's Race (Half Race)
76	WH120	陳倪捷 CHAN NGAI CHIT	0:14:26	Women's Race (Half Race)
77	WH102	婁凌凌 LOU LINGLING MICHELLE	0:14:27	Women's Race (Half Race)
78	WH41	何雅婷 HO NGA TENG	0:14:35	Women's Race (Half Race)
79	WH14	WANG XIAONI	0:14:49	Women's Race (Half Race)
80	WH45	宋艷玲 SONG IM LENG	0:15:02	Women's Race (Half Race)
81	WH23	黃雅云 HUANG YA YUN	0:15:05	Women's Race (Half Race)
82	WH43	簡雁芯 JIAN YAN XIN	0:15:08	Women's Race (Half Race)
83	WH08	趙仲平 CHIO CHONG PENG	0:15:14	Women's Race (Half Race)
84	WH94	陳惠淇 CHAN WAI KEI EVA	0:15:30	Women's Race (Half Race)
85	WH124	黃少萍 WONG SIO PENG	0:15:54	Women's Race (Half Race)
86	WH77	王佳妮 VONG KAI NEI	0:15:57	Women's Race (Half Race)
87	WH81	梁佩雯 LEONG PUI MAN	0:16:06	Women's Race (Half Race)
88	WH93	吳小虹 NG SIO HONG	0:16:35	Women's Race (Half Race)
89	WH32	呂曉玲 LENG LOI HIO	0:16:49	Women's Race (Half Race)
90	WH123	黃少芬 WONG SIO FAN	0:17:29	Women's Race (Half Race)
91	WH80	黃詩雅 WONG SI NGA	0:17:29	Women's Race (Half Race)
92	WH78	卓苑瑩 CHEOK UN IENG	0:17:33	Women's Race (Half Race)
93	WH25	范燕雪 FAN IN SUT	0:17:56	Women's Race (Half Race)
94	WH79	陸德美 LU DE MEI	0:17:56	Women's Race (Half Race)
95	WH106	LAM SIN MAN	0:18:05	Women's Race (Half Race)
96	WH46	霍慧嫻 FOK DONNA	0:18:28	Women's Race (Half Race)
97	WH20	李露斯 LEI LOU SI	0:18:32	Women's Race (Half Race)
98	WH15	LI LI	0:19:05	Women's Race (Half Race)
99	WH09	李嘉衛 LEI KA WAI	0:19:26	Women's Race (Half Race)
100	WH70	趙丹 CHIO TAN	0:23:18	Women's Race (Half Race)
101	WH19	李麗媚 LEI LAI MEI	DNF	Women's Race (Half Race)

**隊際接力競跑 Team Challenge - Relay**

名次 Rank	參賽號 Bib	隊名 Team	完成時間 Finish Time (h:mm:ss)	組別 Category
1	R05	明記瓜菜	0:07:15	Team Challenge - Relay
2	R06	利記瓜菜	0:07:43	Team Challenge - Relay
3	R09	創明有限公司	0:09:59	Team Challenge - Relay
4	R02	跑完就瘦	0:10:55	Team Challenge - Relay
5	R01	一跑沖天	0:11:00	Team Challenge - Relay
6	R04	由BCM冠名贊助隊	0:11:22	Team Challenge - Relay
7	R08	澳門主播達人組	0:12:52	Team Challenge - Relay
8	R07	澳門新媒體文化協會	0:15:06	Team Challenge - Relay
9	R10	天機 Occasions	0:16:09	Team Challenge - Relay
10	R03	TAN	0:19:05	Team Challenge - Relay

個人競跑 – 男子組 (全塔) Individual Challenge - Men's Race (Full Race)

名次 Rank	參賽號 Bib	姓名 Name	完成時間 Finish Time (h:mm:ss)	組別 Category
1	M03	FABIO RUGA	0:06:40	Men's Race (Full Race)
2	M01	WAI CHING SOH	0:06:42	Men's Race (Full Race)
3	M02	RYOJI WATANABE	0:06:46	Men's Race (Full Race)
4	M13	MARK BOURNE	0:07:07	Men's Race (Full Race)
5	M07	CHING CHUN LO	0:07:35	Men's Race (Full Race)
6	M06	SHOUKI YAJIMA	0:07:38	Men's Race (Full Race)
7	M12	IGNACIO CARDONA TORRES	0:07:43	Men's Race (Full Race)
8	M09	MUHAMMAD HAZIM ZUHAI RI BIN AZAHARI	0:07:48	Men's Race (Full Race)
9	M11	MASAYUKI FUJITA	0:08:17	Men's Race (Full Race)
10	M20	YEUNG HOI CHUN ERIC	0:08:40	Men's Race (Full Race)
11	M94	黃國華 VONG KUOK WA	0:08:42	Men's Race (Full Race)
12	M04	PAVEL HOLEC	0:08:50	Men's Race (Full Race)
13	M08	YI QUN HENG	0:09:04	Men's Race (Full Race)
14	M163	梁順敬 LEUNG SON KENG	0:09:31	Men's Race (Full Race)
15	M158	朱楚謙 CHU CHO HIM	0:09:39	Men's Race (Full Race)
16	M05	CHARLES SUPAPODOK	0:09:42	Men's Race (Full Race)
17	M16	黃耀財 WONG IO CHOI	0:09:45	Men's Race (Full Race)
18	M10	ISSEI GYOTEN	0:09:50	Men's Race (Full Race)
19	M173	何志東 HO CHI TONG	0:10:04	Men's Race (Full Race)
20	M118	許紹華 HOI SIO WA	0:10:07	Men's Race (Full Race)
21	M193	黃家樂	0:10:27	Men's Race (Full Race)
22	M180	譚子傑 TAM CHI KIT	0:10:47	Men's Race (Full Race)
23	M154	林正康 LAM CHING HONG	0:10:55	Men's Race (Full Race)
24	M17	TAN EDDIE KYIM HIONG	0:11:05	Men's Race (Full Race)
25	M177	吳家進 NG KA CHON	0:11:16	Men's Race (Full Race)
26	M130	潘健 POON PETER	0:11:21	Men's Race (Full Race)
27	M33	崔蕊	0:11:23	Men's Race (Full Race)
28	M129	許展鵬 HOI CHIN PANG	0:11:25	Men's Race (Full Race)
29	M59	黃健桉 HUANG JIAN AN	0:11:41	Men's Race (Full Race)
30	M103	齊天誼 QI TIANYI	0:11:44	Men's Race (Full Race)
31	M54	毛銘琛 MING CHEN MAO	0:11:51	Men's Race (Full Race)
32	M124	KAN CHI FAI	0:12:05	Men's Race (Full Race)
33	M141	李兆賢 LEI SIO IN	0:12:07	Men's Race (Full Race)
34	M15	ANDREW PAUL GAGE	0:12:13	Men's Race (Full Race)
35	M135	蘇善勇 SO SIN YUNG	0:12:25	Men's Race (Full Race)
36	M142	黃禮耀 WONG LAI YIU	0:12:26	Men's Race (Full Race)
37	M162	李耀陞 LEE YIU SING	0:12:30	Men's Race (Full Race)
38	M146	李金喜 LI JINXI	0:12:31	Men's Race (Full Race)
39	M185	黃少聰 WONG SIO CHONG	0:12:31	Men's Race (Full Race)
40	M116	DEREK DA ROCHA HOO	0:12:31	Men's Race (Full Race)
41	M57	曾偉良 TSANG WAILEUNG	0:12:38	Men's Race (Full Race)
42	M114	梁堅傑 LEONG KIN KIT	0:12:44	Men's Race (Full Race)
43	M145	趙有添 CHIO IAO TIM	0:12:59	Men's Race (Full Race)
44	M144	陳偉文 CHAN WAI MAN	0:13:03	Men's Race (Full Race)
45	M58	胡偉良 GAVIN	0:13:03	Men's Race (Full Race)
46	M183	林文輝 LAM MAN FAI	0:13:09	Men's Race (Full Race)
47	M72	岑嘉明 SAM KA MENG	0:13:10	Men's Race (Full Race)
48	M159	袁志強 YUEN CHI KEUNG	0:13:17	Men's Race (Full Race)
49	M34	溫楚毅 WEN CHU YI	0:13:18	Men's Race (Full Race)
50	M122	何世明 HO SAI MENG	0:13:20	Men's Race (Full Race)
51	M179	陳子軒 CHAN TSE HIN	0:13:23	Men's Race (Full Race)
52	M165	JOAO SOEIRO	0:13:25	Men's Race (Full Race)
53	M143	謝子洋 TSE CHI YEUNG	0:13:25	Men's Race (Full Race)
54	M134	羅智豪 LAW CHI HO	0:13:27	Men's Race (Full Race)
55	M190	李國浩	0:13:27	Men's Race (Full Race)

56	M27	张达 CIRCLE ZHANG	0:13:34	Men's Race (Full Race)
57	M104	王凯 WANG KAI	0:13:34	Men's Race (Full Race)
58	M168	黎文龍 LAI MAN LONG	0:13:45	Men's Race (Full Race)
59	M32	张庆畅 QINGCHANG ZHANG	0:13:47	Men's Race (Full Race)
60	M39	凌啟航 RINGRING	0:13:49	Men's Race (Full Race)
61	M31	郑志凡 ZHENG ZHIFAN	0:13:50	Men's Race (Full Race)
62	M127	司徒達揚 SI TOU TAT IEONG CHRIS	0:13:52	Men's Race (Full Race)
63	M18	趙旭	0:13:55	Men's Race (Full Race)
64	M156	林明澤 LAM MING CHAK ANGUS	0:13:56	Men's Race (Full Race)
65	M25	陈盛 CHEN SHENG	0:13:56	Men's Race (Full Race)
66	M38	罗斌 LUO BIN	0:13:58	Men's Race (Full Race)
67	M148	曾耀廣 CHANG IO KUONG	0:14:04	Men's Race (Full Race)
68	M132	盧子軒 LOU CHI HIN	0:14:08	Men's Race (Full Race)
69	M125	方俊傑 FONG CHUN KIT	0:14:09	Men's Race (Full Race)
70	M55	宋一夫 SONG YI FU	0:14:09	Men's Race (Full Race)
71	M52	张功	0:14:23	Men's Race (Full Race)
72	M30	林真 ZHEN LIN	0:14:23	Men's Race (Full Race)
73	M21	王嘉立 GARY	0:14:24	Men's Race (Full Race)
74	M29	王以財 WANG YICAI	0:14:24	Men's Race (Full Race)
75	M157	歐陽國東 AO IEONG KUOK TONG	0:14:28	Men's Race (Full Race)
76	M164	RUI ALEXANDRE REBOREDO SANTOS BARATA	0:14:29	Men's Race (Full Race)
77	M49	李庆禧 ANL	0:14:29	Men's Race (Full Race)
78	M197	林泰平 LAM TAI PING	0:14:34	Men's Race (Full Race)
79	M123	劉智聰 LAU CHI CHUNG	0:14:34	Men's Race (Full Race)
80	M14	ZHEN WU	0:14:42	Men's Race (Full Race)
81	M65	姜勇 KEONG IONG	0:14:44	Men's Race (Full Race)
82	M99	武光皓	0:14:48	Men's Race (Full Race)
83	M44	罗威翔 LUO WEI XIANG	0:14:55	Men's Race (Full Race)
84	M166	吳家祺 NG KA KEI	0:15:00	Men's Race (Full Race)
85	M61	张焕昀 ZHANG HUAN YUN	0:15:01	Men's Race (Full Race)
86	M26	何振邦	0:15:01	Men's Race (Full Race)
87	M41	阳焯	0:15:05	Men's Race (Full Race)
88	M91	梁灝然	0:15:07	Men's Race (Full Race)
89	M56	莫展雄	0:15:09	Men's Race (Full Race)
90	M196	Wan Chon In	0:15:12	Men's Race (Full Race)
91	M161	李家曦 LEI KA HEI	0:15:14	Men's Race (Full Race)
92	M101	陳意翁	0:15:24	Men's Race (Full Race)
93	M79	WONG CHI UN	0:15:24	Men's Race (Full Race)
94	M100	李華卿	0:15:26	Men's Race (Full Race)
95	M169	蔣沛成 CHEONG PUI SENG	0:15:30	Men's Race (Full Race)
96	M51	袁斌	0:15:31	Men's Race (Full Race)
97	M128	陳穎康 CHAN WENG HONG	0:15:33	Men's Race (Full Race)
98	M24	郭豪	0:16:00	Men's Race (Full Race)
99	M176	李鎮强 LEE CHUN KEUNG	0:16:02	Men's Race (Full Race)
100	M22	黄海毅	0:16:03	Men's Race (Full Race)
101	M98	葉崇暉	0:16:05	Men's Race (Full Race)
102	M70	潘振豪 PUN CHAN HOU	0:16:18	Men's Race (Full Race)
103	M137	梁銳明 LEONG IOI MENG	0:16:20	Men's Race (Full Race)
104	M171	蔣德成 CHEONG TAK SENG	0:16:25	Men's Race (Full Race)
105	M105	AMNAJ PROMPINUN	0:16:26	Men's Race (Full Race)
106	M40	丁干 EARVEN DING	0:16:28	Men's Race (Full Race)
107	M113	CHEONG WENG HOU	0:16:42	Men's Race (Full Race)
108	M174	蒋俊希 JIANG JUN XI	0:16:54	Men's Race (Full Race)
109	M152	鍾政仁 CHONG CHENG IAN	0:16:56	Men's Race (Full Race)
110	M53	吴秦康 WU QIN KANG	0:17:01	Men's Race (Full Race)
111	M150	鄭家樂 CHENG KA LOK	0:17:04	Men's Race (Full Race)
112	M178	陳寶汶 CHAN POU MAN	0:17:10	Men's Race (Full Race)
113	M189	李自言	0:17:21	Men's Race (Full Race)



114	M67	張文健 CHEONG MAN KIN	0:17:25	Men's Race (Full Race)
115	M151	施青松 SI CHENG CHONG	0:17:29	Men's Race (Full Race)
116	M23	譚罗伟 ROCKY	0:17:42	Men's Race (Full Race)
117	M160	梁智杰 LIANG CHI KIT	0:17:44	Men's Race (Full Race)
118	M191	阮逸文	0:17:46	Men's Race (Full Race)
119	M153	陳錦明 CHAN KAM MENG	0:17:49	Men's Race (Full Race)
120	M182	陳曉波 CHEN XIAO BO	0:17:51	Men's Race (Full Race)
121	M186	黃兆棉 WONG SIO MIN	0:17:57	Men's Race (Full Race)
122	M43	陈光华	0:18:34	Men's Race (Full Race)
123	M187	黃子力 WONG CHI LEK	0:18:36	Men's Race (Full Race)
124	M47	卢凌 LU LING	0:18:48	Men's Race (Full Race)
125	M45	张健武	0:18:49	Men's Race (Full Race)
126	M50	区宏业	0:19:08	Men's Race (Full Race)
127	M96	張靖	0:19:12	Men's Race (Full Race)
128	M115	李家豪 LEI KA HOU	0:19:15	Men's Race (Full Race)
129	M71	黃加輝 VONG KEN	0:19:17	Men's Race (Full Race)
130	M194	DEDIANTO	0:19:23	Men's Race (Full Race)
131	M195	LAL BIAK MUANA	0:19:24	Men's Race (Full Race)
132	M149	麥梓鏞 MAK CHI WA	0:19:56	Men's Race (Full Race)
133	M112	張卡達 CHEONG KA TAT	0:20:17	Men's Race (Full Race)
134	M93	林振國 LAM CHAN KUOK	0:20:20	Men's Race (Full Race)
135	M95	蔡凌楚	0:20:40	Men's Race (Full Race)
136	M62	劉裕生 LAO U SANG	0:21:01	Men's Race (Full Race)
137	M172	WONG WAI KIT	0:21:01	Men's Race (Full Race)
138	M155	虞飞舟 YU FEIZHOU	0:21:02	Men's Race (Full Race)
139	M140	黃穎聰 WONG WENG CHONG	0:21:37	Men's Race (Full Race)
140	M102	張浩賢	0:21:55	Men's Race (Full Race)
141	M111	陳國強 CHAN KUOK KEONG	0:22:04	Men's Race (Full Race)
142	M75	CHAN CHI MENG	0:22:19	Men's Race (Full Race)
143	M175	古嘉輝 KU KA FAI	0:22:31	Men's Race (Full Race)
144	M76	何澄 HO CHENG	0:22:37	Men's Race (Full Race)
145	M74	馬洪亮 MA HONG LEONG	0:22:41	Men's Race (Full Race)
146	M126	JOSE DANIEL COUTINHO DE FIGUEIREDO	0:22:48	Men's Race (Full Race)
147	M139	黃華倫 WONG WA LON	0:22:56	Men's Race (Full Race)
148	M188	蔡志豐 CHOI CHI FONG	0:23:01	Men's Race (Full Race)
149	M35	吴毅俊	0:23:47	Men's Race (Full Race)
150	M83	王劍濤 WONG KIM TOU	0:24:22	Men's Race (Full Race)
151	M80	葉子鋒 IP CHI FONG	0:24:29	Men's Race (Full Race)
152	M78	陳庭昌 CHAN TENG CHEONG	0:25:32	Men's Race (Full Race)
153	M107	盧家明 LOU KA MENG	0:25:46	Men's Race (Full Race)
154	M147	李家榮 LEI KA WENG	0:25:53	Men's Race (Full Race)
155	M170	WONG CHI CHEONG	0:26:23	Men's Race (Full Race)
156	M97	高凱明	0:26:31	Men's Race (Full Race)
157	M117	戴懷龍 TAI WAI LONG	0:27:49	Men's Race (Full Race)
158	M119	廖記標 KEE PEOW LIAU	0:28:17	Men's Race (Full Race)
159	M63	郭子峰 KUOK CHI FONG	0:28:22	Men's Race (Full Race)
160	M86	楊俊龍 IEONG CHON LONG	0:28:56	Men's Race (Full Race)
161	M77	周頌偉 CHAO CHONG WAI	0:30:47	Men's Race (Full Race)
162	M48	陈彦铭 YUMMY CHEN	0:31:23	Men's Race (Full Race)
163	M84	LEONG CHI TAK	0:33:30	Men's Race (Full Race)
164	M85	SU XIAN ZAN	0:34:44	Men's Race (Full Race)
165	M136	林浩冠 LAM HOU KUN	0:35:43	Men's Race (Full Race)
166	M167	黃官文 WONG KUN MAN	0:43:16	Men's Race (Full Race)
167	M73	談浩然 TAM HOU IN	DNF	Men's Race (Full Race)
168	M66	陳海俊 CHAN HOI CHON	DNF	Men's Race (Full Race)

個人競跑 – 女子組 (全塔) Individual Challenge - Women's Race (Full Race)

名次 Rank	參賽號 Bib	姓名 Name	完成時間 Finish Time (h:mm:ss)	組別 Category
1	W02	YUKO TATEISHI	0:09:10	Women's Race (Full Race)
2	W07	QINGHUA LE	0:09:27	Women's Race (Full Race)
3	W01	KAMILA CHOMANIČOVÁ	0:09:43	Women's Race (Full Race)
4	W03	SERENE CHEONG	0:09:57	Women's Race (Full Race)
5	W08	YURI HASEGAWA	0:10:07	Women's Race (Full Race)
6	W04	MICHELE TAN BEE KIANG	0:10:18	Women's Race (Full Race)
7	W31	莫曉靜 MO XIAO JING	0:10:33	Women's Race (Full Race)
8	W16	梁影雪 LEUNG YING SUET	0:10:43	Women's Race (Full Race)
9	W06	CRISTINA BONACINA	0:10:46	Women's Race (Full Race)
10	W61	李沚悠 LI TSZ YAU	0:10:46	Women's Race (Full Race)
11	W10	黃潔梅 WONG KIT MUI CORINNA	0:11:07	Women's Race (Full Race)
12	W11	王嗣惠 ONG SI HUI	0:11:27	Women's Race (Full Race)
13	W12	陈萧姿 TAN SEOW CHER	0:11:30	Women's Race (Full Race)
14	W55	余素梅 U SOU MUI	0:11:48	Women's Race (Full Race)
15	W05	YEE CHIN CHAN	0:12:20	Women's Race (Full Race)
16	W59	SANDRA MARIA DA ASCENCAO JOAQUIM	0:12:41	Women's Race (Full Race)
17	W60	NOZOMI KAWAKATSU	0:12:43	Women's Race (Full Race)
18	W15	LAM WING CHING	0:12:43	Women's Race (Full Race)
19	W58	林夢婕 LAM MONG CHIT	0:12:48	Women's Race (Full Race)
20	W84	FONG SI CHENG	0:12:56	Women's Race (Full Race)
21	W22	程奕莉	0:13:16	Women's Race (Full Race)
22	W23	尹斜斜	0:13:16	Women's Race (Full Race)
23	W85	何詠茵 HO WENG IAN	0:13:22	Women's Race (Full Race)
24	W87	陳麗貞 CHAN LAI CHING	0:13:37	Women's Race (Full Race)
25	W18	廖宇玲 YULING LIAO	0:13:51	Women's Race (Full Race)
26	W77	張淳靈 CHEUNG SHUN LING	0:13:55	Women's Race (Full Race)
27	W40	ZHIPING LI	0:13:58	Women's Race (Full Race)
28	W82	張敏芝 CHEONG MAN CHI	0:14:43	Women's Race (Full Race)
29	W72	譚慧敏 TAM WAI MAN	0:14:46	Women's Race (Full Race)
30	W27	雷柠菲 KANNY	0:14:52	Women's Race (Full Race)
31	W65	陳雲秀 CHEN YUN XIU	0:14:55	Women's Race (Full Race)
32	W20	邓靖妍	0:15:44	Women's Race (Full Race)
33	W86	吳思敏 NG SI MAN	0:15:57	Women's Race (Full Race)
34	W28	陈芳盛	0:16:01	Women's Race (Full Race)
35	W70	杨希 YANGXI	0:16:48	Women's Race (Full Race)
36	W41	陳潔莉 CHAN KIT LEI	0:17:02	Women's Race (Full Race)
37	W29	张佳芳	0:17:06	Women's Race (Full Race)
38	W63	吕云 YUN LV	0:17:53	Women's Race (Full Race)
39	W14	黃春梅	0:18:01	Women's Race (Full Race)
40	W43	占金屏 CHIM KAM PENG	0:18:28	Women's Race (Full Race)
41	W81	布詩媚 POU SI MEI	0:18:32	Women's Race (Full Race)
42	W21	王玉飞 YUFEI WANG	0:18:42	Women's Race (Full Race)
43	W68	蔡少芹 CAI SHAO QIN	0:18:56	Women's Race (Full Race)
44	W69	周奕言 ZHOU YIYAN	0:18:57	Women's Race (Full Race)
45	W51	陳怡萍 CHAN I PENG	0:19:08	Women's Race (Full Race)
46	W57	黃雪紅 WONG SUT HONG	0:19:30	Women's Race (Full Race)
47	W71	杨琦琦 YANG QIQI	0:19:46	Women's Race (Full Race)
48	W67	LAM IN SAN	0:19:52	Women's Race (Full Race)
49	W47	吳凱瑜 NG HOI U	0:19:59	Women's Race (Full Race)
50	W50	戴詠君 TAI WENG KUAN	0:20:00	Women's Race (Full Race)
51	W83	陳珍妮 CHAN CHAN NEI YUKI	0:20:03	Women's Race (Full Race)
52	W34	李佳晨 LEI KAI SAN	0:20:50	Women's Race (Full Race)
53	W62	ROSA ANA SUAREZ FIGUEIREDO	0:20:59	Women's Race (Full Race)
54	W75	梁凱怡 LEONG HOI I	0:21:49	Women's Race (Full Race)
55	W39	奉氏麗 FENG SALLY	0:21:55	Women's Race (Full Race)
56	W74	林嘉煒 LAM KA WAI	0:22:21	Women's Race (Full Race)
57	W42	陳曉瑩 CHEN XIAO YING	0:22:27	Women's Race (Full Race)
58	W52	顏甄妮 NGAN IAN NEI	0:23:05	Women's Race (Full Race)
59	W66	思敏梁 LEUNG SI MAN	0:24:40	Women's Race (Full Race)

60	W56	李妮嫻	0:24:53	Women's Race (Full Race)
61	W44	郭善盈 KUOK SIN IENG	0:25:19	Women's Race (Full Race)
62	W17	冯子恩	0:26:01	Women's Race (Full Race)
63	W48	KAM NGA LON	0:26:50	Women's Race (Full Race)
64	W32	黃素華 WONG SOU WA	0:26:55	Women's Race (Full Race)
65	W76	韋嘉嬋 WAI KA SIM	0:26:59	Women's Race (Full Race)
66	W25	刘璇	0:27:44	Women's Race (Full Race)
67	W80	SIN CHAO HA	0:27:45	Women's Race (Full Race)
68	W30	陆子陶	0:28:18	Women's Race (Full Race)
69	W46	HE YU XIA	0:28:25	Women's Race (Full Race)
70	W45	CHAN SOK IN	0:30:08	Women's Race (Full Race)
71	W64	陳敏兒 CHAN MAN I	DNF	Women's Race (Full Race)
72	W79	賴珮君 LAI JENNIFER	DNF	Women's Race (Full Race)